

Indian Dance		Instructor: Nina Kumar		Walker Elementary Grades 3 to 5						
Spring 2014 Wednesdays 2:15pm to 3:15pm (2:15 to 3:45 weeks 7,8)(2:15 to 4:15, weeks 9, 10)										
10 week Let's Move! Let's Dance! After-School Program Schedule:										
Week 1	29-Jan	warmup yoga-movement&storytime-choreography&dance-cooldown yoga							start dance 1(v1)	
Week 2	5-Feb	story 1 and continue dance1 (v2,1)					warmup every time			
Week 3	12-Feb	story 1 and continue dance 1 (v3,1)					yoga start with sun salutations			
Week 4	19-Feb	emotion with fairy tale and continue dance 1 (v4,1)					story time is giving tree			
Week 5	26-Feb	fairy tale and reviewdance1w' entrance exits					fairy tale is beauty and the beast			
Week 6	5-Mar	fairy tale and review dance1w' entrance exits					folk dances are garba and dandiya			
Week 7	12-Mar	review story, dandiya garba w' entrance exits (1.5 hrs)					dance is jai ho(1,2-1,3,-1,4,1)			
Week 8	26-Mar	review fairy tale, dandiya garba w' entrance exits(1.5hrs)					yoga end with moon salutation			
Week 9	2-Apr	review all(dress rehearsal)(2h)					cool down every time			
Week 10	9-Apr	review all-dress rehearsal(2h)		Keep costume/jewelry on, dress up at home for show.						
Showtime! Perform in the evening on April 9 at 630 for Walker community! Arrive at 6:15 for touch ups.										
no classes on:		Mar 19 spring break(mar 17 to mar 21 ,2014)								
***Please send in a snack every Wednesday so your child may eat at 2 to have the energy and concentration to move and dance at 2:15										
In an envelope marked LMLD and your child's name:										
***Please send in the filled registration, policy, waiver and release form										
***Please send in \$10 supply fee in cash										
***Please send in a check made out to Smile Train for \$20										